



Benton MacKaye Trail Section Hikers Log

Georgia

Section Id	Trailhead Names	Miles	Total	Date/s
01a	Springer Mountain » Big Stamp Gap	1.70	1.70	
01b	Big Stamp Gap » 2nd Cross Trails	2.20	3.90	
01c	2nd Cross Trails » Three Forks	2.10	6.00	
02a	Three Forks » No Name Gap	2.60	8.60	
02b	No Name Gap » Bryson Gap	3.40	12.00	
02c	Bryson Gap » Toccoa River	2.80	14.80	
02d	Toccoa River » GA HWY 60	3.60	18.40	
03a	GA HWY 60 » Wallalah-Licklog Saddle	2.20	20.60	
03b	Wallalah-Licklog Saddle » Licklog-Rhodes Saddle	1.40	22.00	
03c	Licklog-Rhodes Saddle » Skeenah Gap	2.00	24.00	
04a	Skeenah Gap » Payne Gap	2.10	26.10	
04b	Payne Gap » Wilscot Gap, GA HWY 60	3.20	29.30	
05a	Wilscot Gap, GA HWY 60 » Ledford Gap	2.30	31.60	
05b	Ledford Gap » Brawley Mountain	0.90	32.50	
05c	Brawley Mountain » Dial Road	2.40	34.90	
05d	Dial Road » Shallowford Bridge	1.90	36.80	
06a	Shallowford Road Bridge » Fall Branch (at Road)	3.50	40.30	
06b	Fall Branch (at Road) » Stanley Gap Trail	1.20	41.50	
06c	Stanley Gap Trail (old Rich Mountain Trail) » --	2.10	43.60	
06d	Stanley Gap Trail » Weaver/Laurel Creek Road	2.90	46.50	
07a	Weaver/Laurel Creek Road » GA HWY 515	2.60	49.10	
07b	GA HWY 515 » Shelter (Sisson`s)	1.70	50.80	
07c	Shelter (Sisson`s) » Boardtown Road	2.30	53.10	
07d	Boardtown Road » Bushy Head Gap (Road)	2.10	55.20	
08a	Bushy Head Gap » Hudson Gap	2.60	57.80	
08b	Hudson Gap » McKenny Gap	1.50	59.30	
08c	McKenny Gap » Hatley Gap	1.00	60.30	
08d	Hatley Gap » Fowler Mountain	1.30	61.60	
08e	Fowler Mountain » Halloway Gap	2.00	63.60	

Section Id	Trailhead Names	Miles	Total	Date/s
08f	Halloway » Double Hogpen Gap	1.20	64.80	
08g	Double Hogpen Gap » Flat Top Mountain	1.60	66.40	
08h	Flat Top Mountain » Dyer Gap	1.20	67.60	
09a	Dyer Gap » Pinhoti Intersection (SFT)	2.20	69.80	
09b	Pinhoti Intersection (SFT) » Pate Gap	1.60	71.40	
09c	Pate Gap » Watson Gap	0.70	72.10	
10a	Watson Gap » Jacks River Trail	2.60	74.70	
10b	Jacks River Trail » Hemp Top Trail	1.50	76.20	
10c	Hemp Top Trail » Hemp Top	3.10	79.30	
10d	Hemp Top » Double Spring Gap	1.30	80.60	
11a	Double Spring Gap » Big Frog Mountain	1.30	81.90	
11b	Big Frog Mountain » Fork Ridge Trail	1.80	83.70	
11c	Fork Ridge Trail » Rough Creek Trail	1.80	85.50	
11d	Rough Creek Trail » USFS Road 221	2.80	88.30	
11e	USFS Road 221 » US HWY 64	3.40	91.70	

Tennessee & North Carolina

Section Id	Trailhead Names	Miles	Total	Date/s
12a	US 64 » Dry Pond Lead high point	4.00	95.70	
12b	Dry Pond Lead » Kimsey Highway	2.70	98.40	
12c	Kimsey Highway » McFarland Road, FS 23	2.40	100.80	
12d	McFarland » White Oak Flats, FS 103	3.90	104.70	
12e	FS 103 » FS 173 - Trestle	4.10	108.80	
13a	Trestle » John Muir Trail at Childers Creek	1.20	110.00	
13b	Childers Creek » Big Bend	3.00	113.00	
13c	Big Bend » Towee Creek	1.20	114.20	
13d	Towee Creek » Wildcat Creek	2.70	116.90	
13e	Wildcat Creek » FS 22B	3.10	120.00	
14a	FS 22B » Unicoi Mountain Trail (TN HWY 68)	4.00	124.00	
14b	TN HWY 68 » Buck Bald Road	1.10	125.10	
14c	Buck Bald Road » Unicoi Gap	3.60	128.70	
15a	Unicoi Gap » Tate Gap	4.50	133.20	
15b	Tate Gap » Sixmile Gap	1.80	135.00	
15c	Sixmile Gap » Sandy Gap	2.10	137.10	
16a	Sandy Gap » Round Top, State Line	3.90	141.00	

Section Id	Trailhead Names	Miles	Total	Date/s
16b	Round Top » Sledrunner Gap	2.40	143.40	
16c	Sledrunner Gap » Brookshire Creek xing	3.20	146.60	
16d	Brookshire Creek » Sugar Mountain Road	2.50	149.10	
16e	Sugar Mountain Road » Tellico River Road (FS 210)	2.40	151.50	
17a	Tellico River Road » Mangan Branch	2.90	154.40	
17b	Mangan Branch » FS 61B	3.20	157.60	
17c	Sycamore Creek Trailhead » Mud Gap	2.90	160.50	
17d	Mud Gap » Beech Gap, Nantahala NF	3.00	163.50	
18a	Beech Gap » Haoe Lead Intersection (SW)	4.20	167.70	
18b	Haoe Lead Intersection (SW) » Hangover Lead Trail	1.60	169.30	
18c	Haoe Lead intersection (NE) » Big Fat Gap	3.10	172.40	
18d	Big Fat Gap » Yellowhammer Gap	4.30	176.70	
18e	Yellowhammer Gap » Tapoco Lodge	1.80	178.50	
19a	Tapoco Lodge » Old Field Gap Road	1.90	180.40	
19b	Old Field Gap Road » FS 251C (East End)	3.00	183.40	
19c	FS 251C (East End) » Fontana Lodge	4.80	188.20	
19d	Fontana Lodge » AT Intersection	2.90	191.10	
19e	AT Intersection » Fontana Dam (North End)	2.20	193.30	

Great Smoky Mountains National Park

Section Id	Trailhead Names	Miles	Total	Date/s
20a	Fontana Dam (North End) » Eagle Creek Trail	6.80	200.10	
21a	Eagle Creek Trail » Campsite 86	4.40	204.50	
21b	Campsite 86 » Campsite 77	7.60	212.10	
21c	Campsite 77 » Campsite 98	7.20	219.30	
22a	Campsite 98 » Campsite 74	6.00	225.30	
22b	Campsite 74 » Noland Creek Trail Junction	3.70	229.00	
22c	Noland Creek Trail Jct. » Noland Divide Trail Jct.	9.20	238.20	
23a	Noland Divide Trail Jct. » Deep Creek Trail, MST	3.30	241.50	
23b	Deep Creek Trail, MST » Campsite 52	7.90	249.40	
23c	Campsite 52 » Smokemont Campground	5.40	254.80	
24a	Smokemont Campground » Campsite 47	9.40	264.20	
24b	Campsite 47 » Straight Fork Road	5.50	269.70	
25a	Straight Fork Road » Laurel Gap Shelter	4.50	274.20	
25b	Laurel Gap Shelter » Big Creek	12.10	286.30	